Lentigo maligna of the eyelid: management with Dermatology-Oculoplastic interface: for the purpose of a case

Lentigo maligno palpebral: o manejo com a interface Dermatologia-Oculoplástica: a propósito de um caso

DOI: http://www.dx.doi.org/10.5935/scd1984-8773.20191121257

ABSTRACT
A 74-year-old male patient came to medical consultation presenting a hyperpigmented stain near the lower left eyelid edge, with varying colors, between different shades of brown; the biopsy confirmed the diagnosis of lentigo maligna. Its location on the eyelid edge is rare. There is some divergence in the literature regarding the best method for its treatment. Non-surgical therapeutic options, such as imiquimod, have been suggested, as well as different variants in surgical management and required margins. In the case described, it was chosen to manage with conservative margins, preserving the functionality of the area.

Keywords: Lentigo; Melanoma; Eyelid Neoplasms; Dermoscopy; Pathology, Surgical; Surgery, Plastic

RESUMO
Apresentou-se à consulta um paciente masculino de 74 anos, portador de uma mancha hiperpigmentada junto à borda palpebral inferior esquerda, com cores variadas, entre diferentes matizes de marrom; a biópsia confirmou o diagnóstico de lentigo maligno. A sua localização na borda palpebral é rara. Há alguma divergência na literatura quanto ao melhor método para seu tratamento. Opções terapêuticas não cirúrgicas, como o imiquimod, têm sido apresentadas, bem como diferentes variantes no manejo cirúrgico e nas margens requeridas. No caso descrito, optou-se por manejo com margens conservadoras, preservando-se a funcionalidade da área.

Palavras-chave: Melanoma; Lentigo; Neoplasias Palpebrais; Dermoscopia; Patologia Cirúrgica; Cirurgia Plástica

INTRODUCTION
The lentigo maligna melanoma, an in situ lesion commonly found on the face and cervical region, may compromise sites where treatment is challenging, such as the palpebral region. Lentigo maligna in this location is rare, with rates less than 1% among melanomas and accounting for up to 1% of all palpebral malignancies. Lesions with conjunctival involvement characteristically have more aggressive behavior. The prognosis is generally good, however recurrences are frequent, depending on the treatment used. Considering its relative low aggressiveness and delicate topography, this type of melanoma’s management persists as debatable. Many authors advocate the use of non-surgical therapies, even though potentially superior recurrence rates are considered. The authors of the present study describe the case of a patient whose lesion was located along the lower eyelid border, with excellent oncological, functional and aesthetic outcomes after surgical treatment.
CASE REPORT

A 74-year-old male patient attended a medical consultation complaining of a darkened lesion on the left lower ciliary border two years before, with progressive growth. He had previously been seen by an ophthalmologist due to bilateral entropion, with prescription of artificial tears eye drops and extraction of eyelashes, having been referred to the dermatologic evaluation of the pigmented lesion. The patient had previous history of excision of lesions in the face and left forearm ten years before, with clinical impression of skin cancer, without histological confirmation. The patient had previous diagnoses of systemic arterial hypertension, dyslipidemia and insomnia. He made continuous use of captopril, omeprazole and clonazepam. Also, he had previously undergone herniated disc surgery. He denied current or previous drug allergies, smoking habits, and alcoholism. He reported a history of ocular cancer in a first-degree cousin and denied a positive family history for skin cancer.

The clinical examination of the patient evidenced a hyperpigmented asymmetric macula, with various shades of brownish color, ranging from light to dark, with irregular borders, accompanying the left inferior palpebral rhyme (Figure 1). Dermoscopic examination revealed a thick pigmented network with eccentric pigmentation area in “blur” invading the follicular openings, as well as the presence of globules at the periphery of the lesion (Figure 2). The dermoscopic impression was of a cutaneous melanoma.

The patient was referred to the Oculoplastics department of the Ophthalmology Service for diagnostic surgical intervention. Since there was presence of trichiasis in the central region of the lower left eyelid, a total thickness resection of the central region of the left lower eyelid, in the shape of a pentagon, was carried out aiming at removing the area of poorly positioned eyelashes and obtaining material for histological analysis of the lesion. In the face of the anatomopathological diagnosis of lentigo maligna (Figure 3A), which was corroborated by the positive immunohistochemistry for Melan A (Figure 3B) and HMB-45, the safety margin was widened to 5mm, which corresponded to the total resection of the left lower eyelid. The reconstruction of the lower eyelid was performed with a Mustardé rotation flap. Considering aspects of the surgical treatment of the neoplasia,
the ocular apparatus’ functionality, and facial aesthetics, the therapeutic outcome was outstanding (Figure 4).

DISCUSSION

Unlike in other body regions, margin expansion in periorcular melanocytic lesions is challenging, since small amounts of resected tissue can lead to significant functional and aesthetic impairment. Often, it is necessary to limit the expansion of the margin to what is considered surgically acceptable in terms of resection and reconstruction. In the present case, a total thickness eyelid resection was chosen due to the involvement of the palpebral skin up until the mucocutaneous junction, even if there was no involvement of the palpebral conjunctiva.

Interestingly, there is no consensus as to the necessity and/or extent of expansion of safety margins in the conjunctival face when there is no compromise beyond mucocutaneous junction. Although surgical resection is the gold standard method, non-surgical options, such as the use of imiquimod, have been introduced with interesting outcomes in the treatment of in situ lesions of the periocular region.\textsuperscript{3,5}

However, following the principle of oncologic surgical treatment for the management of primary cutaneous melanomas seems to grant primordial safety, with unprecedented cure rates. The observation of oncological principles must be associated to the concern about the functionality and aesthetics resulting from the intervention.\textsuperscript{4}

CONCLUSION

For obtaining the best results from complex situations, specialized teams are crucial and should join forces in productive interaction.

ACKNOWLEDGMENTS

The Authors of the present study would like to thank the Dermatology Service team of the Hospital de Clínicas de Porto Alegre, (RS), Brazil.
REFERENCES


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