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Giant Merkel cell carcinoma: report of an atypical case

Carcinoma de célula de Merkel gigante: relato de um caso atípico

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ABSTRACT

Merkel cell carcinoma is a rare and aggressive cutaneous neuroendocrine cancer that occurs on sundamaged skin in older White patients. It typically manifests as a solitary plaque or nodule in the head and neck region. We report an unusual presentation of Merkel cell carcinoma in a black patient who simultaneously developed two primary tumors located in the trunk region.

Keywords: Carcinoma, Merkel Cell; Immunohistochemistry; Neuroendocrine Tumors; Upper Extremity.

RESUMO

O carcinoma de células de Merkel é um câncer neuroendócrino cutâneo raro e agressivo que acomete a pele fotodanificada de pacientes brancos e idosos, apresentando-se geralmente como uma placa ou nódulo solitário na região da cabeça e do pescoço. Relatamos uma apresentação incomum do carcinoma de Merkel, com o surgimento simultâneo de dois tumores primários na região do tronco, em paciente negro.

Palavras-chave: Carcinoma de célula de Merkel; Carcinoma neuroendócrino; Imuno-histoquímica; Tronco

Letters

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Dear Editor,

A 78-year-old black man, who works as a gardener, presented with two nodules on his back that had been rapidly growing over the past 3 months. He denied fever, weight loss, or other related symptoms. His medical history includes prostate adenocarcinoma, treated with an orchiectomy in 2019. Dermatological examination revealed two indurated nodules measuring 12 and 16 cm in the dorsal region (Figure 1), with no associated lymph node enlargement. Histopathological examination of both nodules revealed basaloid cells with oval nuclei, scant cytoplasm, and numerous mitoses, suggestive of Merkel cell carcinoma (MCC). Immunohistochemistry was positive for cytokeratin 20 (CK20) and negative for prostate-specific antigen (PSA) and thyroid/lung transcription factor-1 (TTF-1) (Figures 2 and 3).

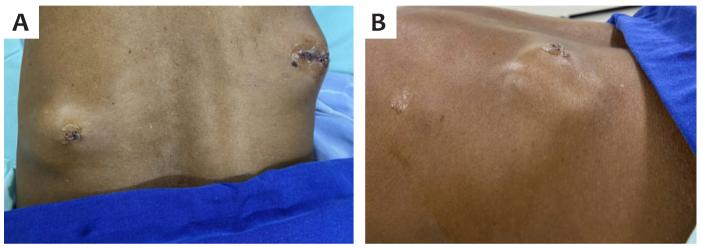


FIGURE 1: A - Two nodules in the dorsal region. B - Detail of the nodule on the left: basaloid cells, oval nucleus, scant cytoplasm, and numerous mitoses.

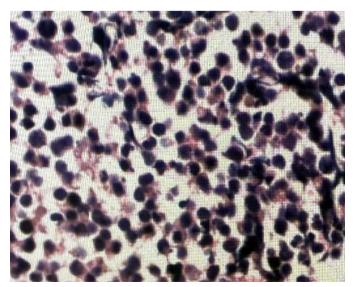


FIGURE 2: Microscopic examination: basaloid cells, oval nucleus, scant cytoplasm, and numerous mitoses (HE 100x)

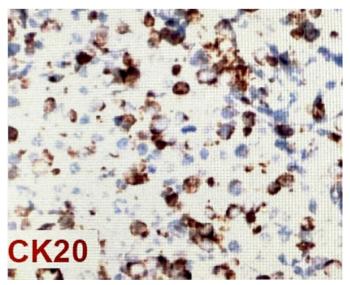


FIGURE 3: Immunohistochemistry showing that the cells stained positive for the cytokeratin 20 marker

MCC is a rare and aggressive neuroendocrine cancer that primarily affects sun-exposed skin in older White individuals, with a rare incidence in black individuals. It commonly appears as a solitary plaque or nodule on the head or neck.^{1,2} Although MCC accounts for less than 1% of all malignant skin tumors, it is the third leading cause of skin cancer-related deaths.² It was first described by Toker et al. in 1972 as trabecular carcinoma of the skin, suggesting, at the time, a possible glandular origin. In 1978, the same authors identified electron-dense granules in the cytoplasm of tumor cells, indicating a neuroendocrine origin similar to epidermal Merkel cells.² The pathogenesis of MCC remains unclear, but ultraviolet (UV) radiation, immunosuppression, and, recently, the presence of Merkel cell polyomavirus in the tumor genome appear to play key roles.^{2,3} The acronym "AEIOU" was developed to aid in considering a diagnosis of MCC, corresponding to: A = asymptomatic, E = expanding rapidly, I = immunosuppression, O = older than 50 years, and U = UV-exposed site.² Histopathology shows a dermal lesion consisting of clusters of monomorphic, round, basophilic cells with large vesicular nuclei with finely granular chromatin, pyknotic nuclei, and abundant mitotic figures.⁴While CK20 is a key immunohistochemical marker for diagnosis, it can be negative in up to 20% of cases.² The TTF-1 marker is typically positive in lung and thyroid cancers, and a negative result can support the diagnosis of MCC.²The differential diagnosis for MCC includes

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Preparation and writing of the manuscript, effective participation in the conduct of the study, intellectual participation in propaedeutic and/or therapeutic approach to studied cases, critical review of the literature.

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epidermal cysts, dermatofibroma, basal cell carcinoma, squamous cell carcinoma, amelanotic melanoma, lymphoma, skin metastases, and adnexal tumors.² Staging, for determining prognosis and treatment strategies, adheres to the American Joint Committee on Cancer criteria: stage 1 (primary tumor < 2 cm); stage 2 (primary tumor ≥ 2 cm); stage 3 (regional lymph node involvement); and stage 4 (distant metastasis).² Surgical excision with 1 cm margins is the treatment of choice. Inoperable or recurrent tumors can be treated with radiotherapy. Chemotherapy serves as a palliative treatment option for patients in stage 4.5 In the case reported here, tomography revealed bone metastases and lymph node involvement in the mediastinum, pelvis, and abdomen. However, no neuroendocrine tumor was identified at any other site or primary focus. The two lesions observed in this case are presumed to be synchronous due to their concurrent appearance without a known primary focus and their size. Nevertheless, the authors do not rule out the possibility that these are two metastases originating from an undetected primary tumor, given the patient's stage 4 presentation and the extremely aggressive nature of MCC, which often metastasizes even from small primary lesions. Regardless, this case has an unusual presentation, with the emergence of two large synchronous lesions in a black individual. The patient has been referred to an oncology hospital in the city for chemotherapy treatment.

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