



## Tip for achieving hemostasis in the paramedian interpolation flap pedicle

*Dica para hemostasia do pedículo do retalho interpolado paramediano*

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### ABSTRACT

Postoperative bleeding from the vascular pedicle of the paramedian flap is a common complication. We describe the use of simple sutures on the raw lateral surface of the pedicle as an alternative method to reduce this risk.

**Keywords:** Surgical Flaps; Carcinoma Basal Cell; Mohs Surgery; Hemorrhage.

### RESUMO

O sangramento proveniente da área cruenta do pedículo do retalho paramediano é uma complicação frequentemente observada no pós-operatório. Descrevemos o uso de pontos simples na superfície lateral do pedículo como um método alternativo para reduzir essa complicação.

**Palavras-chave:** Retalhos Cirúrgicos; Carcinoma Basocelular; Cirurgia de Mohs; Hemostasia Cirúrgica.

## How do I do it?

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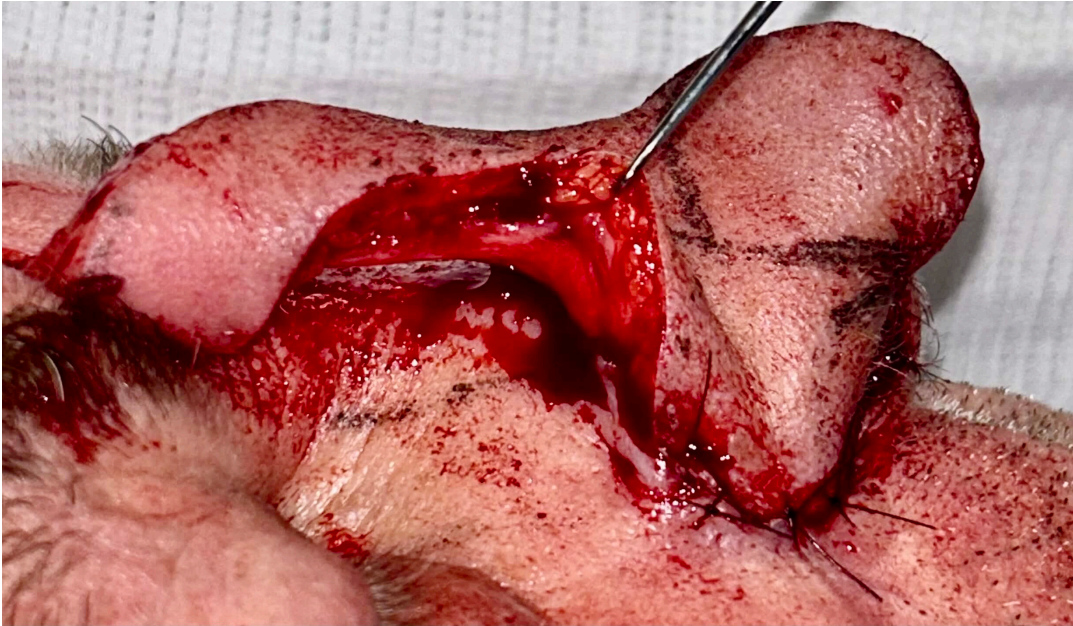
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## INTRODUCTION

Postoperative bleeding from the raw area of the vascular pedicle of the paramedian flap is a common complication. Electrocoagulation of the raw portion of the pedicle, as well as the use of skin grafts and porcine xenografts, are described methods aimed at reducing postoperative bleeding.<sup>1</sup> Wrapping the pedicle with oxidized regenerated cellulose-impregnated gauze,<sup>2</sup> an-

tibiotic ointment-impregnated gauze,<sup>3</sup> or Vaseline-impregnated gauze<sup>4</sup> at the raw surface of the flap has also been reported, with some positive results. We describe the use of simple interrupted sutures on the lateral surface of the pedicle as an alternative method to reduce this complication.



**FIGURE 1:** The raw surface of the pedicle of the paramedian flap



**FIGURE 2:** A simple interrupted suture joining the upper part (skin) and lower part (fascia) of the pedicle



**FIGURE 3:** Suture reducing the raw surface of the pedicle and minimizing the risk of bleeding

## METHODS

Immediately after completing nasal reconstruction with the paramedian flap, the surgeon should carefully observe the raw area of the pedicle to identify potential bleeding points (Figure 1). Once identified, a simple interrupted suture with 6-0 monofilament nylon is performed. The needle is inserted through the skin at the upper part of the pedicle and reinserted into the fascia at the lower part (Figure 2). This suture brings the skin closer to the fascia, locally reducing the raw surface of the pedicle and consequently minimizing the risk of bleeding (Figure 3). On average, four sutures are placed on each side of the pedicle, depending on the length of the flap and the presence

of bleeding points. No vascular compromise or congestion has been observed in the distal part of the flap using this technique. The dressing is applied only after hemostasis has been reassessed.

## CONCLUSION

The use of simple interrupted stitches on the lateral surface of the paramedian interpolation flap pedicle is a simple, safe, and easy-to-perform technique. It provides a comfortable postoperative period for both the patient and the surgical team, reduces the need for dressings, minimizes comorbidities, and is low cost. ●

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Statistical analysis; approval of the final version of the manuscript; study design and planning; manuscript preparation and writing; data collection, analysis, and interpretation; active participation in research supervision; intellectual contribution to the conduct of the preoperative and/or therapeutic management of the studied cases; critical review of the literature; critical review of the manuscript.

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