

## Shark island pedicle flap: a series of two cases

Retalho em ilha de tubarão: uma série de dois casos

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#### Abstract

Basal cell carcinoma (BCC) is the most common skin cancer. Depending on its size and location, the reconstruction of the defect resulting can become very challenging for the dermatological surgeon. Shark Island Pedicle Flap (SIPF) technique is used for defects mainly in the alar or perialar nasal region, but we also use it in a modified way to close a large lesion defect in the cutaneous portion of the lip. We report two cases, one being the application of classic SIPF and the other a modified one, in which both results were satisfactory, both in terms of cosmetics and functionality. Keywords: Carcinoma; Basal cell; Surgical flaps; Nose; Case reports


## RESUMO

Carcinoma basocelular (CBC) é o câncer de pele mais comum. Dependendo de seu tamanho e de sua localização, a reconstrução do defeito resultante de sua excisão pode se tornar muito desafiadora para o cirurgião dermatológico. A técnica do retalho em ilha de tubarão (RIT) é utilizada para defeitos principalmente em região alar ou perialar nasal, mas também a utilizamos de maneira modificada para fechamento de grande defeito da porção cutânea de lábio. Reportamos dois casos, sendo o primeiro a aplicação de RIT clássico e o outro, modificado. Em ambos os casos, os resultados foram satisfatórios tanto pela cosmética quanto pela funcionalidade.
Palavras-chave: Carcinoma basocelular; Retalhos cirúrgicos; Nariz; Relatos de casos

## Case Report

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## INTRODUCTION

Basal cell carcinoma (BCC) is the most common type of skin cancer. ${ }^{1}$ Depending on the size and location of the tumor, the defect resulting from excision requires reconstruction with flaps, grafts, or both at the same time, making it a very challenging surgical procedure. ${ }^{2,3}$

The Shark Island Pedicle Flap (SIPF) is a rotating island flap where part of the pedicle makes a movement to "snap" the defect, and the final design of the flap resembles a shark's fin. Usually, it is used to correct circular defects in the nasal alar or perialar region, in which the adjacent skin above and laterally to the defect is used to provide greater mobility to the flap. ${ }^{3,4,5}$

We report two cases where we used reconstruction with SIPF after excision of nasal BCC, one with a lesion in the nasal alar region (where the flap is recommended) and the other with a lesion in the cutaneous portion of the lip (area not yet reported in the literature), with satisfactory aesthetic results in both cases. This case report aims to demonstrate SIPF as an option to correct defects in the cutaneous portion of the lip, with easy execution and a good level of patient satisfaction.


## METHODS

We treated one patient with BCC in the right nasal alar region and another with two BCCs in the cutaneous portion of the lip.

PATIENT 1: A 69-year-old man, skin phototype III, from Londrina (PR), presented a pearly plaque, 11 x 7 mm , in the nasal alar region on the right. The biopsy confirmed BCC and the lesion was excised with safety margins of 3 mm . The resulting defect was $14 \times 10 \mathrm{~mm}$ and SIPF was chosen (Figures 1,2,3 and 4).

PATIENT 2: A 66-year-old man, skin phototype III, from Londrina (PR), presented two lesions: one was a hyperchromic papule, measuring $10 \times 7 \mathrm{~mm}$, and the other was a papule measuring $5 \times 5 \mathrm{~mm}$, in the region of the right nasolabial fold and in the cutaneous portion of the lip on the right. Biopsies confirmed BCCs, and the two lesions were excised en bloc with safety margins of 4 mm . The resulting defect was $35 \times 15$

## Description of the technique used in patient 1

(Figures 1 e 2):

Figure 1: A - BCC in the right nasal alar region and the flap design; B - Defect.


Figure 2:
A - Flap incision;
B - Flap
positioning.
a) Patient in horizontal supine position;
b) Marking of the lesion with methylene blue or a surgical pen with a 3 mm margin and flap incision sites: an arc that starts from the defect, in its inferior-medial portion, contouring and rising up to 10 mm from the defect (size of the transverse diameter of the defect), descending at 45 degrees until it meets the nasolabial fold and returning to the lower edge of the defect (Figure 1A);
c) Antisepsis with topical $10 \%$ polyvinyl iodine;
d) Placement of surgical drapes;
e) Infiltrative anesthesia with $2 \%$ lidocaine with vasoconstrictor;
f) Incision with a 15 blade of the lesion and en bloc excision of the piece;
g) Hemostasis;
h) Incision of the flap, starting from the defect, making an arc that starts from the defect, in its inferior-medial portion, rising up to 10 mm from the defect, descending at 45 degrees
until it meets the nasolabial fold and returning to the lower edge of the defect (according to prior marking);
i) Flap detachment, keeping the pedicle in the central region;
j) Positioning of the flap and other sutures with 5.0 mononylon, simple stitches. Approximation of the medial and lateral portion around the defect. Appearance of the flap "capturing" the defect (shark bite) and image of an inverted cone (shark fin) (Figures 2A e 2B);
k) Local cleaning with saline solution;

1) Occlusive dressing.

## Description of the technique used in patient 2

## (Figuras 5, 6 e 7):

a) Patient in horizontal supine position;
b) Marking of the lesion with methylene blue or a surgical pen with a margin of 4 mm from the largest lesion and 3 mm from the smaller lesion, with planning for excision of the


Figure 3: A Sutured flap; B - Two weeks post-operative.


Figure 4:
A-and B-Six months postoperatively.


Figure 5: A-Two BCCs in the region of the right nasolabial fold and cutaneous portion of the lip and the flap design; B - Defect


Figure 6: A - Flap incision. B - Flap positioning


Figure 7: A - Sutured flap. B - Two weeks post-operative
two lesions en bloc. Flap design: an arc that starts from the upper region of the defect, keeping 10 mm away from the nasolabial fold until 10 mm below the labial commissure and returning 5 mm away from the nasolabial fold (same longitudinal width as
the defect) to the lower portion of the defect (Figures 5 e 6);
c) Antisepsis with topical $10 \%$ polyvinyl iodine;
d) Placement of surgical drapes;
e) Infiltrative anesthesia with $2 \%$ lidocaine with vasoconstrictor;


Figure 8: A and
B - Six months postoperatively
f) Disinsertion of the right nasal ala (this was chosen, in this specific case, to facilitate excision with margin of the lesion);
g) Incision with a 15 blade of the lesion and en bloc excision of the piece;
h) Hemostasis;
i) Incision of the flap, starting from the upper region of the defect, moving up to 10 mm below the lip commissure and returning to the lower portion of the defect in the lower region of the defect (according to prior marking);
j) Flap detachment, maintaining the vascular pedicle in the central region;
k) Positioning of the flap and reinsertion of the right nasal ala with 5.0 mononylon, simple stitches. The union of the upper and lower medial portion of the flap appears to "engulf" the defect (shark bite) and the final appearance of a shark fin (Figures 6A, 6B e 7A);

1) Complete suture with 5.0 mononylon, single stitches (Figure 7A);
m) Local cleaning with saline solution;
n) Occlusive dressing.

## RESULTS

PATIENT 1:The patient evolved uneventfully in the first few days after surgery. There was good healing and accommodation, with a satisfactory aesthetic result in the late postoperative period. (Figures 3B, 4A e 4B).

PATIENT 2: The patient evolved uneventfully in the immediate postoperative period. There was good healing and accommodation, with a satisfactory aesthetic result in the late postoperative period. (Figures 7B, 8A e 8B).

## DISCUSSION

SIPF is an island flap technique that maintains the vascularization in its central region. It was described by Cvancara
(2006) to correct defects in the nasal alar or perialar wall, and is considered a good alternative, as it can be performed in a single surgical procedure. The configuration of the flap to "capture" the defect and the final appearance of a fin led to the name "shark island". ${ }^{3}$

There is no exclusivity for applying SIPF in the nasal alar or perialar region. However, there is a recommendation for these locations, as it leads to the natural creation of the nasal groove. ${ }^{3-5}$ Nevertheless, when applying an island flap, resembling the shark's bite and fin, we will have a SIPF.

In patient 1, we performed a classic SIPF. We made an incision of an arch starting from the defect, in its inferior-medial portion, contouring in the arc in the upper portion, descending until it meets the nasolabial fold and returning to the lower edge of the defect. (Figure 1A).

In patient 2, we applied modified SIPF to the defect in the cutaneous portion of the lip. We created an arc starting from the upper region of the defect, 10 mm away from the nasolabial fold to 10 mm below the labial commissure and returning 5 mm away from the nasolabial fold to the lower portion of the defect, thus maintaining the same longitudinal width of the defect (Figures 5 e 6).

The SIPF requires less displacement from the donor area to the defect than a simple island advancement flap, as it makes better use of the adjacent tissues with the rotational movement, leaving less local tension. In patient 2, for example, if the upper and lower ends adjacent to the defect were not united ("engulfing" the defect), we would have to increase the length of the flap.

Still in case 2, we chose to disinsert the nasal ala to ensure complete removal of the tumor, as we did not have a micrographic surgeon during the surgery. Despite the large defect after excision, an acceptable and functional final result was possible using SIPF.

## CONCLUSION

The use of SIPF can be a good option for resolving defects in the nasal alar or perialar regions and also in the cutaneous portion of the lip.

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