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Closure of a large nasal dorsum defect using a bilateral crescent advancement flap from the malar region to the nose

Fechamento de um grande defeito do dorso nasal por retalho de avanço crescente bilateral da região malar ao nariz

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ABSTRACT

The closure of large defects on the nasal dorsum is a challenge for dermatologic surgeons. The alternatives to repair the defect are a skin graft and some forms of skin flaps. One particular defect closure technique is the crescentic advancement flap, which uses crescent incisions at the nasolabial fold to accommodate the excess tissue. This flap is best used if the defect is in the lateral nose, alar, and nasolabial fold. We report a large defect of the nasal dorsum in a 65-year-old woman that was successfully reconstructed using bilateral cheek-to-nose crescentic advancement flap. The patient showed excellent cosmetic and outcome.

Keywords: Dermatology; Nasal Bone; Surgical Flaps

RESUMO

O fechamento de grandes defeitos no dorso nasal é um desafio para o dermatocirurgião. As alternativas para reparar o defeito são enxertos e algumas formas de retalho de pele retalhos de pele, como o retalho de avanço crescente, que utiliza incisões em crescente no sulco nasolabial para acomodar o excesso de tecido. Esse retalho apresenta melhores resultados em defeito nas regiões lateral do nariz, alar e dobra nasolabial. Relatamos um grande defeito do dorso nasal em uma mulher de 65 anos, reconstruído com sucesso com o retalho de avanço crescente bilateral da bochecha ao nariz. A paciente apresentou excelente resultado cosmético.

Palavras-chave: Dermatologia; Osso nasal; Retalhos Cirúrgicos

Case report

Authors:

Khairuddin Djawad¹ Idrianti Idrus¹ Airin Nurdin Mappewali¹

Dermatology and Venereology, Hasanuddin University, Makassar, South Sulawesi, Indonesia.

Correspondence:

Khairuddin Djawad Email: duddin@ymail.com

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INTRODUCTION

The crescentic perialar flap was firstly introduced in 1955 to repair defects of the upper lip. The principle of this flap is to remove redundant tissue in a crescentic form to allow lateral movement that is then followed by the advancement flap to cover the defect. It is a variation of a unilateral advancement flap. The benefit of this flap is facilitating defect closure with minimal tissue distortion and, when properly executed, facial symmetry, superior cosmetic results, and a minimal scar can be achieved. The use of a crescentic flap is useful for defects on the lip, nasal ala, nasolabial fold, nasal dorsum, sidewall, nasofacial fold, and along the lateral forehead. Although the skin contour of the nasal sidewall and cheek are similar, the nasofacial fold that unites these two cosmetic subunits needs to be maintained to achieve optimal aesthetic consideration.

We report a case of a large BCC defect on the dorsal nasal that extended to the sidewall.

CASE REPORT

A 65-year-old woman presented with a 2.5 cm defect on the nasal dorsum, which extended to the lateral sidewalls resulting from BCC removal. Histopathological examination confirmed that all margins had been free of tumor. The design of the flap was done before local anesthesia with bilevel anesthesia based on the technique by Prof. Lawrence Field. After complete local anesthesia was achieved, an incision was conducted in a juxtaposed triangle-like incision according to the previously drawn marks (Figure 1). Marking was critical to avoid distorting the anatomical landmarks resulting from anesthesia infiltration. Removal of the skin superior to the defect was required to avoid dog-ear formation.

The incision was done bilaterally from the inferomedial sides of the triangle base with a length three times the distance between the medial edge to the midline and extended inferiorly

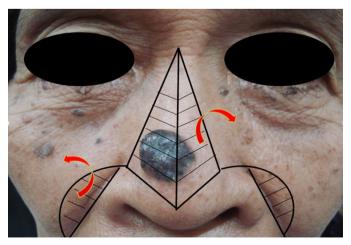


FIGURE 1: Incision marking



FIGURE 2: Diamond-shaped incision and incision along the nasolabial fold. A crescentic incision was made on both sides of the perialar region

along the alar crease and sulcus to the nasolabial fold (Figure 2).⁵ The length of the incision was three times the length from the medial edge to the midline.6 Subcutaneous blunt dissection at the superficial muscular aponeurotic level was done on the lateral cheek to facilitate approximation and reduce stress on the medial edge. We performed a trial advancement flap to estimate the amount of tissue needed to be incised to make the crescentic incision (Figure 3).2 A crescentic excision was then carefully done to ensure symmetry of the nasolabial fold. Excessive excision may cause elevation of alar, whereas too little excision may cause depression. Both flaps were elevated above the nose and medially advanced from cheeks to the nose, forming a bilateral cheekto-nose crescentic advancement flap.³ The primary defect was suture with the largest diameter suture. 6 The defect was sutured on both sides along the midline, alar crease, and nasolabial fold (Figure 4). Each flap was sutured to the periosteum at the nasofascial sulcus which functioned to maintain the contour of the alar crease sulcus and nasal sidewall.7 Hemostasis was maintained throughout the procedure to aid intraoperative visualization and avoid post-operative bleeding. Wound edges were closed with a 5.0 monofilament suture.

The patient showed excellent cosmetic and functional recovery after three months (Figure 5).

DISCUSSION

Closure of defects on the nasal dorsum or sidewall with a size of more than 2 cm often has only limited options; some



FIGURE 3: Trial advancement flap to ensure accurate and aesthetically pleasing defect closure



FIGURE 5: Result after 3 months, excellent functional and cosmetic result



FIGURE 4: Post-operative result

possible approaches include dorsal nasal rotation flap, birhombic flap, Rintala flap, Peng flap, a two-staged paramedian forehead flap, and full-thickness skin graft (FTSG). However, the cosmetic result of grafts will not be optimal if they are not placed within the same cosmetic subunits. A paramedian forehead flap required at least 2 stages and, given the different thicknesses of

skin on the forehead and nasal dorsum or sidewall, has a potential risk of tissue mismatch.⁷

A bilateral crescentic advancement flap should be considered for large defects of the nose. The success of this flap depends on the laxity of the surrounding skin because tension on the wound edge may cause ischemia and necrosis. The crescentic flap is a modification of Burrow's advancement flap,6 where a crescent-shaped excision, instead of a triangle, is used to correct any tissue redundancy that occurred. The sutures were then tacked on the alar crease or nasolabial line.⁵ The ideal defect locations for this technique are the nasofacial sulcus and lateral alar crease. Putting sutures in these natural anatomic lines allows optimal concealment of the scar. Defects that cross the nasolabial fold can cause aesthetic deformity of the natural nasolabial boundary; patients with prominent nasolabial fold can even develop bridging after the closure of the defect. Furthermore, defects located inferior to the nasolabial fold can potentially cause lip retraction and asymmetry of the nasolabial fold. Thus, both sides of the flap were sutured to periosteum at the nasofascial sulcus to maintain the contour of the alar crease sulcus and nasofacial sulcus.⁷ In addition, the medial suture was made directly on the nasal midline to camouflage the suture.

The bilateral crescentic advancement flap is a good option to repair larger defect of nasal dorsum with a large height-to-width ratio or defects with curved borders. Thus, this technique is suitable for defects above the nasal supratip with a relative midline location, nasal dorsum, and nasal sidewall. This single-stage bilateral cheek-to-nose crescentic advancement flap was advantageous in avoiding the morbidity often associated with multistage repairs and preserve facial symmetry. The use of bilateral cheek-to-nose crescentic advancement flap has been reported in a case of a large symmetric defect on the nasal dor-

sum. 5 This technique was also successfully used in an asymmetric lesion above the nasal supratip by placing incision lines on the junction between the nasal supratip and alar crease cosmetic subunits.9

In this case, we successfully conducted reconstructed a large defect on the nasal dorsum with satisfying cosmetic, functional results, and without any significant complications. Factors that played a central role in the successful reconstruction of this case were dog-ear excision at the superior of the defect, properly executed crescentic incision on both nasolabial folds, key suture to the periosteum in the nasofascial sulcus, and placing the sutures on the nasal midline.

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AUTHORS' CONTRIBUTION:

Khairuddin Djawad © ORCID 0000-0002-4569-6385

Approval of the final version of the manuscript; study design and planning; preparation and writing of the manuscript; data collection, analysis, and interpretation; active participation in research orientation; intellectual participation in propaedeutic and/or therapeutic conduct of studied cases; critical literature review; critical revision of the manuscript.

Idrianti Idrus ORCID 0000-0003-2868-6289

Study design and planning, intellectual participation in propaedeutic and/or therapeutic conduct of studied cases; critical literature review.

Airin Nurdin Mappewali ORCID 0000-0001-6122-4866 approval of the final version of the manuscript; critical literature review.